

Food Service Worker

SM Nutrition, LLC

JOB TITLE: Food Service Worker
JOB TYPE: Part Time
LOCATION: Eugene, Oregon

We are a local meal prep company specializing in providing weekly macro-balanced meals to our clients. Our main differentiator from competitors is that we are local, provide delicious and nutritious ready-to-eat meals, use mostly organic ingredients, will customize meals to meet dietary needs. Our motto is "We like to make healthy food taste good!"

GENERAL JOB DESCRIPTION

This position is mainly responsible for helping in a commercial kitchen to prepare ready-to-eat meals on a weekly basis. Duties include food preparation (chopping vegetables & proteins), filling condiment cups, washing dishes, packaging meals, some cooking & baking under supervision, cleaning the kitchen (sanitize, sweep, mop), consolidating meals at the end of a cooking cycle, other duties as needed.

DUTIES AND RESPONSIBILITIES

- Cutting/Chopping of Vegetables & Proteins
- Filling Condiment Cups
- Cooking & Baking Under Supervision
- Packaging Meals
- Consolidating Meals
- Washing Dishes
- Cleaning Kitchen (Sanitize, Sweep, Mop)
- Other Responsibilities As Needed

QUALIFICATIONS FOR THE JOB

Education:

Must be able to read, write and do basic math
Computer experience using MicroSoft Word is helpful, but not required

Experience:

Experience with working in a commercial kitchen is desired, but not required; will train the right person

KEY COMPETENCIES

- Fast Learner
- Ability to Retain Information
- Ability to Work in a Fast Paced Environment
- Personable
- Motivated to Work Hard Within a Team
- Consistent & Reliable

PHYSICAL REQUIREMENTS

Ability to lift 25 pounds and to be able to work on feet (both standing and walking) for long periods of time

For More Information Contact:
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