Isolation Requirements

NOTE: Requirements and recommendations for students and employees are based on isolation guidance provided by the Centers for Disease Control (CDC), Oregon Health Authority (OHA) and Local Public Health Authority (LPHA). LBCC students and employees must adhere to these guidelines unless otherwise directed. Student and employee isolation requirements

If experiencing COVID-19 symptoms, you are required to:
• Isolate until symptoms are resolved (i.e., no fever for 24 hours without fever-reducing medications).
• Get tested.
• Follow all public health guidance.

If tested positive for COVID-19 and are symptomatic, you are required to:
• Isolate for at least five days after onset of symptoms and until all symptoms are resolved (i.e., no fever for 24 hours without fever-reducing medications).
• Wear a well-fitting mask around others for at least 10 days from the onset of symptoms.

If tested positive for COVID-19 and are asymptomatic, you are required to:
• Isolate for five days from the date of the test.
• Wear a well-fitting mask around others for 10 days from the positive test.

If exposed (close contact) to a confirmed or presumptive COVID-19 case, you are required to:
• Wear well-fitting masks around others for 10 days from the date of exposure.
• Monitor for symptoms.
• Test on day five, if possible.
• Not required to isolate, unless you develop symptoms.
• Get retested if symptoms appear.

Exposure and symptoms definitions
• Exposure — Being in close contact (within 6 feet for at least 15 minutes in a 24-hour period) with a person who has recently tested positive for COVID-19.