Isolation Requirements

NOTE: Requirements and recommendations for students and employees are based on isolation guidance provided by the Centers for Disease Control (CDC), Oregon Health Authority (OHA), and Local Public Health Authority (LPHA). LBCC students and employees must adhere to these guidelines unless otherwise directed.

Student and employee isolation requirements

If experiencing COVID-19 symptoms, recommended that you:
- Isolate until symptoms are resolved (i.e., no fever for 24 hours without fever-reducing medications).
- Get tested.
- Follow all public health guidance.

If tested positive for COVID-19 and are **symptomatic,** we recommend that you:
- Notify LBCC.
- Isolate for at least **five days** after onset of symptoms and until all symptoms are resolved (i.e., no fever for 24 hours without fever-reducing medications).
- Wear a well-fitting mask around others for at least **10 days** from the onset of symptoms.

If tested positive for COVID-19 and are **asymptomatic,** we recommended that you:
- Notify LBCC.
- Isolate for **five days** from the date of the test.
- Wear a well-fitting mask around others for **10 days** from the positive test.

If exposed (close contact) to a confirmed or presumptive COVID-19 case, we recommended that you:
- Wear well-fitting masks around others for **10 days** from the date of exposure.
- Monitor for symptoms.
- Test on day five, if possible.
- **Not** required to isolate, unless you develop symptoms.
- Get retested if symptoms appear.

Student notification requirements
Students must notify LBCC if they had a positive COVID-19 test. It is the student's responsibility to contact their instructors and arrange to make up missed assignments.

Employee notification requirements
Employees must notify LBCC and their supervisor if they had a positive COVID-19 test.

Exposure and symptoms definitions
- **Exposure** — Being in close contact (within 6 feet for at least 15 minutes in 24 hours) with a person who has recently tested positive for COVID-19.
- **Symptoms** — For an updated list of symptoms See The Facts about COVID-19.