Instructions: Use this Worksheet to track your progress toward graduation. You must be able to check off all the boxes on each page to receive this degree. The college catalog, your advisor and Degree Runner accessed through your WEB Runner logon are resources you can turn to if you need help. When you are within two terms of completion, meet with your advisor and have him or her review your progress. You must apply for graduation one term prior to the term you and your advisor determine you will meet all the requirements for completion.

General Education Requirements

Writing

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>WR 121</td>
<td>English Composition</td>
<td>3</td>
</tr>
</tbody>
</table>

Select one from the following:

- JN 216 News Reporting & Writing
- WR 122 English Composition: Argumentation
- WR 123 English Composition: Research
- WR 185 Understanding English Grammar
- WR 227 Technical Writing
- WR 241 Creative Writing: Fiction
- WR 242 Creative Writing: Poetry
- WR 243 Creative Writing: Script Writing


Communication/Speech (select one)

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>COMM 111</td>
<td>Fundamentals of Speech</td>
<td></td>
</tr>
<tr>
<td>COMM 112</td>
<td>Introduction to Persuasion</td>
<td></td>
</tr>
<tr>
<td>COMM 218</td>
<td>Interpersonal Communication</td>
<td>3</td>
</tr>
</tbody>
</table>

Mathematics

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>MTH 105</td>
<td>Intro to Contemporary. Math...........</td>
<td>4</td>
</tr>
</tbody>
</table>

(or higher level)

Health & PE

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PE 231</td>
<td>Lifetime Health &amp; Fitness.............</td>
<td>3</td>
</tr>
</tbody>
</table>

Perspectives

(No more than two courses with the same prefix may be used by a student to satisfy Perspectives categories. See pages 186-188 for approved courses)

- Physical Science
- Biological Science
- Biological or Physical Science
- Cultural Diversity
- Difference, Power & Discrimination
- Literature and the Arts
- Social Processes and Institutions
- Western Culture

Even though the theme of a Biology Course may be different, a Biology Course number may only be used once to satisfy the graduation requirements.

The following web page addresses will take you to graduation forms and graduation information/instructions:

http://www.linnbenton.edu/go/forms
http://www.linnbenton.edu/go/graduation
Core Program Requirements

Substitutions and/or waivers must be submitted by your advisor online.

**Liberal Arts Core Requirement**  
Select 15 credits from the core requirement options listed on page 189 in the catalog (3 credits from each category).

<table>
<thead>
<tr>
<th>Category</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Category I</td>
<td>History of Western Civilization</td>
<td>3</td>
</tr>
<tr>
<td>Category II</td>
<td>History of Western Civilization</td>
<td>3</td>
</tr>
<tr>
<td>Category III</td>
<td>History of Western Civilization</td>
<td>3</td>
</tr>
<tr>
<td>Category IV</td>
<td>History of Western Civilization</td>
<td>3</td>
</tr>
<tr>
<td>Category V</td>
<td>History of Western Civilization</td>
<td>3</td>
</tr>
</tbody>
</table>

Select 14 credits to bring your total to 90 credits.  

HST 101 | History of Western Civilization | 3 |
HST 102 | History of Western Civilization | 3 |
HST 103 | History of Western Civilization | 3 |
HST 201 | U S History: Colonial & Revolutionary | 3 |
HST 202 | U S History: Civil War & Reconstruction | 3 |
HST 203 | U S History: Rise to World Power | 3 |

Select 14 credits to bring your total to 90 credits.