

NAME _____

LBCC Graduation Worksheet 2009 - 2010

ID. NO _____

**Associate of Science
Exercise and Sport Science Emphasis**

AS 4969

Instructions: Use this Worksheet to track your progress toward graduation. You must be able to check off all the boxes on each page to receive this degree. The college catalog and your advisor are two resources you can turn to if you need help. When you are within two terms of completion, meet with your advisor and have him or her sign this form. You should apply for graduation one term prior to the term you and your advisor determine you will meet all the requirements for completion. **When you apply for graduation you must attach this form to your application. Your application is incomplete without this form signed by your advisor.**

General Education Requirements Are Approved By The Admissions & Records Office

Writing I Credits
WR 121 English Composition.....3 _____

Writing II
WR 122 English Composition: Argumentation3 _____

Speech (select one)
SP 111 Fundamentals of Speech
SP 112 Introduction to Persuasion
SP 218 Interpersonal Communication.....3 _____

Mathematics
MTH 105 Intro to Contemporary Math or higher.....4 _____

Health & PE
PE 231 Lifetime Health & Fitness.....3 _____

Perspectives (no more than two courses with the same prefix may be used by a student to satisfy the Perspectives category)
Physical Science (see catalog page 171)4 _____
Biological Science (see catalog page 171).....4 _____
Biological or Physical Science (see catalog page 171)4 _____
Cultural Diversity (see catalog page 171)3 _____
Difference, Power & Discrimination (see catalog page 171).....3 _____
Literature and the Arts (see catalog page 171-172).....3 _____
Social Processes & Institutions (see catalog page 171)3 _____
Western Culture (see catalog page 171).....3 _____

Even though the theme of a Biology Course may be different, a Biology Course number may only be used once to satisfy the graduation requirements.

Degree Evaluator _____

Date _____

FOR OFFICE USE ONLY		
Credit Toward This Degree		
Total Cr _____	LBCC Cr _____	GPA _____
		Approved <input type="checkbox"/> Denied <input type="checkbox"/>
_____ Registrar	_____ Date	AS 4969A LS

PROGRAM REQUIREMENTS

Advisor Instructions: This is the student's official record of their progress. The student must present this form to the Admissions Office when they apply for graduation. Please address each requirement by checking off completed courses, indicating which courses the student plans to take, and clearly documenting substitutions or waivers.

PROGRAM REQUIREMENTS ARE APPROVED BY THE DEPARTMENT & ADVISOR. CHANGES MUST ALSO BE APPROVED BY DIVISION DIRECTOR OR DEAN

Official Use			Credits	Waivers/ Substitutions	Advisor Initials	Date Approved
<input type="checkbox"/>	HE 225	Social & Individual Health Determinants	3	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	HE 252	First Aid	3	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	M 225	Nutrition	4	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	PE 131	Intro to Health & Physical Education.....	3	<input type="checkbox"/>	_____	_____

Select 34 credits from the following courses as electives

<input type="checkbox"/>	BI 231	Human Anatomy & Physiology	5	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	BI 232	Human Anatomy & Physiology	5	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	BI 233	Human Anatomy & Physiology	5	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	BI 234	Microbiology.....	4	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	HE 125	Occupational Safety & Health	3	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	HE 151	Drugs in Society	3	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	HE 204	Exercise & Weight Management.....	3	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	HE 205	Diet & Nutrition for Active Lifestyles	3	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	HE 207	Stress Management.....	3	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	HE 220	Introduction to Epidemiology & Health Data ..	3	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	HE 253	AIDS & Sexually Transmitted Diseases	3	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	HE 263	Psychosocial Dimensions of Health	3	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	PE 280	CWE (3 or more credits).....	3	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	PSY 201	General Psychology.....	3	<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	SOC 204	General Sociology	3	<input type="checkbox"/>	_____	_____

Admissions & Records will perform a final evaluation to ensure all courses have been completed with appropriate grades before this degree is awarded to the student. Requirements such as general education, total credits and grade point average must be approved by the Registrar.

DEPARTMENT ADVISOR
Program requirements/proposed substitutions and waivers meet with my approval. Reasons for any changes are indicated on the appropriate line above.

DIVISION DIRECTOR or DEAN
Changes and/or substitutions in the program requirements have my approval.

Program Advisor Signature Date

Division Director or Dean Signature Date