

NAME \_\_\_\_\_

**LBCC Graduation Worksheet 2008 - 2009**

ID. NO \_\_\_\_\_

**Associate of Science**

**Health Promotion & Education Emphasis**

**AS 4968**

**Instructions:** Use this Worksheet to track your progress toward graduation. You must be able to check off all the boxes on each page to receive this degree. The college catalog and your advisor are two resources you can turn to if you need help. When you are within two terms of completion, meet with your advisor and have him or her sign this form. You should apply for graduation one term prior to the term you and your advisor determine you will meet all the requirements for completion. **When you apply for graduation you must attach this form to your application. Your application is incomplete without this form signed by your advisor.**

**General Education Requirements are Approved by the Admissions & Records Office**

**Writing I**

Credits

WR 121 English Composition.....3  \_\_\_\_\_

**Writing II** (select one)

JN 216 News Reporting & Writing

WR 122 English Composition: Argumentation

WR 123 English Composition: Research

WR 185 Understanding English Grammar

WR 214 Business Communication

WR 227 Technical Writing

WR 228 Technical Writing II

WR 241 Creative Writing: Fiction

WR 242 Creative Writing: Poetry

WR 243 Creative Writing: Script Writing

WR 244 Advanced Creative Writing: Fiction.....3  \_\_\_\_\_

**Speech** (select one)

SP 111 Fundamentals of Speech

SP 112 Introduction to Persuasion

SP 218 Interpersonal Communication.....3  \_\_\_\_\_

**Mathematics**

MTH 105 Intro to Contemporary Math (or higher level)....4  \_\_\_\_\_

**Health & PE**

PE 231 Lifetime Health & Fitness.....3  \_\_\_\_\_

**Perspectives** (no more than two courses with the same prefix may be used by a student to satisfy the Perspectives category)

Physical Science (see catalog page 175).....4  \_\_\_\_\_

Biological Science (see catalog page 175).....4  \_\_\_\_\_

Biological or Physical Science (see catalog page 175) .....4  \_\_\_\_\_

Cultural Diversity (see catalog page 175).....3  \_\_\_\_\_

Difference, Power & Discrimination (see catalog page 175).....3  \_\_\_\_\_

Literature and the Arts (see catalog page 175-176) .....3  \_\_\_\_\_

Social Processes & Institutions (see catalog page 176) .....3  \_\_\_\_\_

Western Culture (see catalog page 176).....3  \_\_\_\_\_

*Even though the theme of a Biology Course may be different, a Biology Course number may only be used once to satisfy the graduation requirements.*

Degree Evaluator

FOR OFFICE USE ONLY			
Credit Toward This Degree			
Total Cr _____	LBCC Cr _____	GPA _____	Approved <input type="checkbox"/> Denied <input type="checkbox"/>
Registrar _____	Date _____	AS 4968 HH	

**PROGRAM REQUIREMENTS**

**Advisor Instructions:** This is the student’s official record of their progress. The student must present this form to the Admissions Office when they apply for graduation. Please address each requirement by checking off completed courses, indicating which courses the student plans to take, and clearly documenting substitutions or waivers.

**PROGRAM REQUIREMENTS ARE APPROVED BY THE DEPARTMENT & ADVISOR. CHANGES MUST ALSO BE APPROVED BY DIVISION DIRECTOR OR DEAN**

		Credits	Waivers/ Substitutions	Advisor Initials	Date Approved
BI 234	Microbiology.....	4	<input type="checkbox"/>	_____	_____
HE 220	Intro to Epidemiology & Health Data Analysis.	3	<input type="checkbox"/>	_____	_____
HE 225	Social & Individual Health Determinants .....	3	<input type="checkbox"/>	_____	_____
HE 252	First Aid .....	3	<input type="checkbox"/>	_____	_____
HE 263	Psychosocial Dimensions of Health .....	3	<input type="checkbox"/>	_____	_____
NFM 225	Nutrition .....	4	<input type="checkbox"/>	_____	_____
PE 131	Intro to Health & Physical Education.....	3	<input type="checkbox"/>	_____	_____
PSY 201	General Psychology.....	3	<input type="checkbox"/>	_____	_____
<b>Electives</b>	Select 23 credits from the following courses:				
BI 231	Human Anatomy & Physiology .....	5	<input type="checkbox"/>	_____	_____
BI 232	Human Anatomy & Physiology .....	5	<input type="checkbox"/>	_____	_____
BI 233	Human Anatomy & Physiology .....	5	<input type="checkbox"/>	_____	_____
HE 125	Occupational Safety & Health .....	3	<input type="checkbox"/>	_____	_____
HE 151	Drugs in Society .....	3	<input type="checkbox"/>	_____	_____
HE 204	Exercise & Weight Management.....	3	<input type="checkbox"/>	_____	_____
HE 205	Diet & Nutrition for Active Lifestyles .....	3	<input type="checkbox"/>	_____	_____
HE 207	Stress Management.....	3	<input type="checkbox"/>	_____	_____
HE 253	AIDS & Sexually Transmitted Diseases .....	3	<input type="checkbox"/>	_____	_____
HE 280	CWE .....	3	<input type="checkbox"/>	_____	_____
SOC 204	General Sociology .....	3	<input type="checkbox"/>	_____	_____

Admissions & Records will perform a final evaluation to ensure all courses have been completed with appropriate grades before this degree is awarded to the student. Requirements such as general education, total credits and grade point average must be approved by the Registrar.

DEPARTMENT ADVISOR  
 Program requirements/proposed substitutions and waivers meet with my approval. Reasons for any changes are indicated on the appropriate line above.

DIVISION DIRECTOR or DEAN  
 Changes and/or substitutions in the program requirements have my approval.

\_\_\_\_\_  
 Program Advisor Signature                      Date

\_\_\_\_\_  
 Division Director or Dean Signature                      Date