

NAME _____

LBCC Graduation Worksheet 2005-2006

I D. NO. _____

Associate Of Science

Health Promotion & Education Emphasis

AS 4968

Instructions: Use this worksheet to track your progress toward graduation. You must be able to check off all the boxes on each page to receive this degree. The college catalog and your advisor are two resources you can turn to if you need help. When you are within two terms of completion, meet with your advisor and have him or her sign this form. You should apply for graduation one term prior to the term you and your advisor determine you will meet all the requirements for completion. **When you apply for graduation you must attach this form to your application. Your application is incomplete without this form signed by your advisor.**

General Education Requirements Are Approved By The Admissions & Records Office

WRITING I Credits
WR 121 English Composition 3 cr _____

WRITING II (select one)
JN 216 News Reporting & Writing
WR 122 English Composition: Argument & Style
WR 123 English Composition: Research
WR 185 Understanding Grammar
WR 214 Business Communications
WR 227 Technical Writing
WR 228 Technical Writing II
WR 241 Creative Writing: Fiction
WR 242 Creative Writing: Poetry 3 cr _____

SPEECH (select one)
SP 111 Fundamentals of Speech
SP 112 Introduction to Persuasion
SP 218 Interpersonal Communication 3 cr _____

MATHEMATICS
MTH 105 Intro to Contemporary Math or higher level 4 cr _____

HEALTH & PE
PE 231 Lifetime Health & Fitness 3 cr _____

PERSPECTIVES (no more than two courses with the same prefix may be used by a student to satisfy the Perspectives category)
Physical Science (see catalog page 186)..... 4 cr _____
Biological Science (see catalog page 186)..... 4 cr _____
Biological or Physical Science (see catalog page 186)..... 4 cr _____
Cultural Diversity (see catalog page 187)..... 3 cr _____
Difference, Power & Discrimination (see catalog page 187)..... 3 cr _____
Literature and the Arts (see catalog page 187) 3 cr _____
Social Processes and Institutions (see catalog page 187)..... 3 cr _____
Western Culture (see catalog page 187) 3 cr _____

Even though the theme of a Biology Course may be different, a Biology Course number may only be used once to satisfy the graduation requirements.

Degree Evaluator	Date			
FOR OFFICE USE ONLY				
Credit Toward This Degree				
Total Cr. _____	LBCC Cr. _____	GPA _____	Approved <input type="checkbox"/>	Denied <input type="checkbox"/>
Registrar _____				AS 4968 HH
Date _____				

PROGRAM REQUIREMENTS LISTED ON REVERSE SIDE

Advisor Instructions: This is the student's official record of their progress. The student must present this form to the Admissions Office when they apply for graduation. Please address each requirement by checking off completed courses, indicating which courses the student plans to take, and clearly documenting substitutions or waivers.

PROGRAM REQUIREMENTS ARE APPROVED BY THE DEPARTMENT ADVISOR

	Credits	Waivers/ Substitutions	Advisor Initials	Date Approved
BI 234	Microbiology 4 q	_____	_____	_____
HE 220	Intro to Epidemiology & Health Data Analysis 3 q	_____	_____	_____
HE 225	Social & Individual Health Determinants 3 q	_____	_____	_____
HE 252	First Aid 3 q	_____	_____	_____
HE 263	Psychosocial Dimensions of Health 3 q	_____	_____	_____
NFM 225	Nutrition 4 q	_____	_____	_____
PE 131	Intro to Health & Physical Education 3 q	_____	_____	_____
PSY 201	General Psychology 3 q	_____	_____	_____

Electives

Select 23 credits from the following courses:

BI 231	Human Anatomy & Physiology 5 q	_____	_____	_____
BI 232	Human Anatomy & Physiology 5 q	_____	_____	_____
BI 233	Human Anatomy & Physiology 5 q	_____	_____	_____
HE 125	Occupational Safety & Health 3 q	_____	_____	_____
HE 151	Drugs in Society 3 q	_____	_____	_____
HE 204	Exercise and Weight Management 3 q	_____	_____	_____
HE 205	Diet & Nutrition: Active Lifestyle 3 q	_____	_____	_____
HE 207	Stress Management 3 q	_____	_____	_____
HE 253	AIDS & Sexually Transmitted Diseases 3 q	_____	_____	_____
HE 280	CWE 3 q	_____	_____	_____
SOC 204	General Sociology 3 q	_____	_____	_____

CHANGES MUST ALSO BE APPROVED BY
DIVISION DIRECTOR OR DEAN

Admissions & Records will perform a final evaluation to ensure all courses have been completed with appropriate grades before this degree is awarded to the student. Requirements such as general education, total credits and grade point average must be approved by the Registrar.

DEPARTMENT ADVISOR

Program requirements/proposed substitutions and waivers meet with my approval. Reasons for any changes are indicated and initialed on the appropriate line above.

DIVISION DIRECTOR or DEAN

Changes and/or substitutions in the program requirements have my approval.

Program Advisor Signature

Date

Division Director or Dean Signature

Date